

Curriculum Vitae

Name: Dr. Irshad Ahmad Najar

Designation: Assistant Professor

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Objective:

- To be a modern educator with a high level of productivity, quality, and professionalism.
- Seeking for a quality environment where my knowledge can be shared and enriched.
- I'm looking for a platform that will allow me to increase my talent and broaden my experience.

EDUCATION

✓ **Ph.D.**, Education, University of Kashmir

Thesis: “Personality traits, mental health and job involvement in relation to teaching competency: a study of high school teachers of Srinagar and Budgam districts”

✓ **M. Ed**, University of Kashmir

✓ **MA Psychology**, University of Kashmir

✓ **Bachelor of Arts**, University of Kashmir

Competitive Exams Qualified

- *UGC NET/JRF Psychology*
- *JKSET Psychology*
- *UGC NET/JRF Education*
- *JKSET Education*

TEACHING & RESEARCH INTERESTS

- *Educational Psychology*
- *Teacher Education*
- *Guidance & Counselling*
- *Inclusive Education*
- *Educational Policy Making*

Teaching Experience

- *Assistant Professor (Contractual) at School of Education & Behavioural sciences, University of Kashmir (01/06/2021 to 31/12/2024)*
- *Assistant Professor (Permanent) at Cluster University of Srinagar (05/04/2025 till date)*

Distance and Open University Experience

- *Resource Person at the Directorate of Distance Education, University of Kashmir, Srinagar, from 2020 to present.*
- *Resource Person at IGNOU, Regional Center Srinagar, from 2020 to present.*

PUBLICATION HIGHLIGHTS

Research articles

- *Educational Anthropology, Tribal Education and Responsible Citizenship in India (2018). South Asia Research, 38(3), 327-340*
- *A Study on Job Involvement among Male and Female High School Teachers of Kashmir Valley (2019). International Journal of Research and Analytical Reviews, 6 (1), 1487-1491.*
- *Teaching competency in relation to mental health and job involvement-a correlational study on high school teachers of Kashmir valley (2020). CLIO An Annual Interdisciplinary Journal of History, 6(11), 95-118.*
- *Teaching competency among high school teachers of Kashmir valley in relation to their gender – an observation based study (2021). Wesleyan Journal of Research, 27 (1), 158-169.*
- *Unpacking constructive based pedagogies (2017). International Journal of Research and Analytical Reviews, 4, (2), 181-188.*
- *Problems of Teaching Tribal Children-A Study on Tribal Schools of Khansahib (2017). Academic Social Research, 3(4), 43-49.*
- *Educational system in tribal areas of Kashmir valley: A case Study of zone Khansahib of Budgam District (2017). International journal of multidisciplinary education and research. 2 (5), 45-49.*
- *Mental health of teachers (2028). International Journal of Research and Analytical Reviews (IJRAR), 5 (4), 275-279.*
- *A study on job satisfaction of rural and urban high school teachers (2016). International Journal of Research and Analytical Reviews (IJRAR), 3, (2), 235-240.*
- *Religious orientation and mental health among university students with reference to type of family (2018). International Journal of Advanced Multidisciplinary Scientific Research (IJAMSR), 1, (8), 58-68.*

- *A study on leadership preferences among post graduate students of Kashmir University (2017). International Journal of Multidisciplinary Education and Research, 2(6), 10-12.*
- *Big five personality traits of post graduate students in relation to gender, type of family and residential background (2017). International Journal of Multidisciplinary Education and Research, 2(6), 01-06.*
- *A study of religious orientation and mental health among university students with reference to gender (2018). International Journal of Movement Education and Social Science, 7 (1), 200-206.*
- *An epidemiological study of neurotic proneness in differentially abled students in relation to their self-confidence (2021). Journal of the Asiatic Society of Mumbai, 95, (12), 159-169.*
- *Study of Teaching Aptitude of Trained and Un-trained Secondary School Teachers- A Comparative Study (2020). Journal of Education: Rabindrabharati University, XXIII, (3), 335-340.*

Books authored

- *Psychology Comprehensive Question Bank (ISBN 978-93-88910-12-5)*
- *Basics of Psychology (ISBN 978-93-88910-93-4)*

Book Reviews

- *Creating Inclusive Schools: Theory, Process and Practice*
- *“Learning to Teach”*

Book Chapters

- *Parental Involvement: A prerequisite for Better Educational Outcomes*
- *Inclusive schools*

INVITED LECTURES / RESOURCE PERSON/ PAPER PRESENTATION IN SEMINARS/CONFERENCES / WORKSHOPS/FULL PAPER IN CONFERENCE PROCEEDINGS

- Presented a paper titled **“Attitude towards using advanced ICT tools among High School Teachers- A Study of Zone Dreygam District Budgam”** at International Conference on "Re-Envisioning Education: Challenges and Opportunities" held from 27th to 28th April, 2018 organized by School of Education, Lovely Professional University, Punjab.
- Presented a paper titled **“Teaching competency among high school teachers of Kashmir valley in relation to their gender – an observation based study”** at National Conference on “Horizon of Teacher Education in India” organized by Al-Hidayah College of education, Aligarh, (UP) held from 14-15 September 2020.
- Paper presentation titled **“Mental health and teachers-my take”** at International conference on “Wellness education” ICWE -2019 organized by Pondicherry University, school of education, held from 18-19 January 2019.
- Presented as paper at International conference on Arts, social science and humanities titled **“A study of religious orientation and mental health among university students with reference to gender”** Organized by conference world at ICSSR, North West Regional Center, Punjab university campus, Chandigarh (India) 18th march 2018
- Paper presentation titled **“Career selection and responsible factors”** at Two days national seminar on Educational reforms and innovations-a step to change organized by post-graduate department of education, university of Kashmir, held from 12 -13 November.
- Paper presentation titled **“Effective teaching in the eyes of student community- a study”** at 1st National Conference On Value Oriented Learning and Teaching to Access Global

Era organized by Dr. M.G. R. Educational and Research Institute, Chennai, Tamil Nadu, held from 15th of March 2019.

- Paper presentation titled **“Education as an instrument for women empowerment”** at one day national seminar on **“Gender equality: Debates and Discourses’** organized by the Department of Education, University of Kashmir. On the eve of International Women’s day on 08/03/2022.
- Delivered a lecture on **“Skill of Set Induction”** at Department of Education, University of Kashmir, on 7 days national workshop on micro teaching skills.
- Delivered a lecture on **“Skill of Stimulus Variation”** at Department of Education, University of Kashmir, on 7 days national workshop on micro teaching skills.
- Paper presentation titled **“Achieving the Sustainable Development Goal-4-Quality Education: Role of NEP 2020”** at two day national conference on National Educational Policy, 2020 & Higher Education: Implementation, accomplishments and road ahead” organized by National Educational Policy cell, University of Kashmir on November 22 and 23.
- Paper presentation titled **“The Global Challenge for the Achievement of the Sustainable Development Goals (SDG) Through NEP 2020”** at one day national seminar on teachers day at department of education, university of Kashmir (Nov. 2024)
- Delivered a lecture on **“Learning to Teach”** at Department of Education, University of Kashmir, on 7 days’ workshop on “Micro Teaching as a pathway to effective classroom management and instructional excellence” from 16/09/2024 to 23/09/2024.

Workshops attended:

- Attended 7 days workshop on **“Assessment and Psycho-diagnostics”** organized by department of Psychology, University of Kashmir (2011).

- *Attended Winter School at National Law University on Comparative law in Global south organized by university of Naples Italy (2018).*
- *Attended Workshop on 'Research Methods in Social Sciences'. At Kashmir University organized by UGC Academic Staff college Kashmir university (2017).*
- *Attended Author Workshop on 'Scholarly writing and intellectual Ethics'. Organized by Elsevier at Allama Iqbal Library University of Kashmir (2017).*

Online MOOC Courses

- *Introduction to Psychology, IIT Kanpur.*
- *Basic Concepts in Education, Madurai Kamaraj University.*
- *Educational Technology, Manipur University, Imphal.*
- *ICT Skills in Education, University of Calicut.*
- *Guidance and Counselling, NITTTR, Chennai.*

REFERENCES

Dr. Kounsar Jan, Assistant Professor, Department of Education, University of Kashmir

Email: drkounsar1974@gmail.com

Dr. Aqueel Ahmad Pandith, Assistant Professor, Department of Education, North Campus, University of Kashmir.

Email: aqueeleduku@gmail.com

DECLARATION

I hereby declare that all the above mentioned information is true to the best of my Knowledge and belief.

Place: Budgam, J&K.

Date: 25/09/2025.