



CLUSTER UNIVERSITY SRINAGAR

SYLLABUS (FYUP UNDER NEP 2020)

Offered By Department Of HOME SCIENCE

Semester 1st (Major Course)

Course Title: Human Development

Course Code: UGHSC22J101

Credits: 4 (Theory: 3, Practical: 1)

Contact Hrs: 75 (Theory: 45, Practical: 30)

Max. Marks 100

Theory External: 60; Min Marks: 24

Theory Internal (Continuous Assessment): 15 Marks, Min Marks: 06

Practical Experimental Basis= 15, Min. Marks: 06

Practical Experimental (Continuous assessment) = 10, Min. Marks: 04

Objective:

- To understand the Principles of Growth and Development and methods of studying people across the lifespan.
- To know about the importance of Child Development as an imperative stage in life span.
- To know about various theories influencing Human Development.

Learning outcomes:

- Know the Fundamental concepts, Principles and Theories used in Human Development.
- Understand and work effectively with diverse individuals and communities.
- Apply theory and research to contemporary problems and real-world situations.

Unit-1 Introduction to Human Development

15 Hrs

- Definition, Need and Significance.
- Principles of Growth and Development.
- Role of Heredity and Environment in Human Development.
- Methods of Data Collection: Naturalistic Observation, Interview, Questionnaire.

Unit-2 Foundation of the Development Pattern

15 Hrs

- How Life Begins, Stages of Prenatal Development.
- Conditions affecting Prenatal Development.
- Stages of Development: Infancy to old age: Characteristics and Developmental Tasks.
- Dimensions of Human Development: Physical, Cognitive, Emotional and Social Development.

Unit-3 Psychological Basis of Human Development

15 Hrs

- Intelligence- Definition, Nature, Types of Intelligence, Guilford's Theory.
- Emotion -Definition, functions, basic emotions, James Lange's Theory.
- Socialization-Definition, agencies of socialization, Psychosocial Theory-Eric Erikson.
- Personality-Definition, Influencing factors, psycho-analytic Theory –Sigmund Freud.

Unit-4

PRACTICAL

30 Hrs

- Assessment of Intelligence of a child using any Psychological Test /Scale
- Critical analysis and review of any one Theory (psychoanalytic /Psycho-Social Theory)

Recommended Readings

1. Hurlock, Elizabeth B.1978, Child Development 6th Edition McGraw Hill.
2. Rice F.P (1995) Human Development New Jersey Prentice Hall.
3. Berk, L. E (1995) Child Development. London Allyn and Bacon.
4. Papalia, D.E, Old, and Feldman, R.D (2010, Human Development (10th) New Delhi: Tata McGraw- Hill Publishing Company Limited.
5. Laura E. Berk (2013) Child Development (9th Ed.) Pearson Education Inc. (PEI)