



CLUSTER UNIVERSITY SRINAGAR

SYLLABUS (FYUP UNDER NEP 2020)

Offered By Department Of HOME SCIENCE

Semester 1st (Major Course)

Course Title: Human Development: Conception to Adolescence

Course Code: UGHSC23J101

Credits: 4 (Theory: 3, Practical: 1)

Contact Hrs: 75 (Theory: 45, Practical: 30)

Max. Marks 100

Theory External: 60; Min Marks: 24

Theory Internal (Continuous Assessment): 15 Marks, Min Marks: 06

Practical Experimental Basis= 15, Min. Marks: 06

Practical Experimental (Continuous assessment) = 10, Min. Marks: 04

Objectives:

1. To understand the principles of growth and development.
2. To know about the history and importance of child development as an imperative stage in 20life span.
3. To help students realise the importance of identity formation during adolescence.

Learning Outcomes: The students will be able to

1. Understand the need and relevance of human development as a science of study.
2. Comprehend the development of an individual from conception to adolescence.
3. Learn about the various domains and issues of human development.

Unit-I Introduction to Human Development

15 Hrs

- Definition, need and significance
- Principles of Growth and Development
- Role of Heredity and environment in human development

Unit-II Foundations of the Developmental Pattern

15 Hrs

- How life begins : Stages of prenatal development
- Conditions affecting prenatal development
- Domains of development: Physical, Cognitive, Emotional and Social Development.

Unit -III Development from childhood to adolescence

15 Hrs

- Stages of Development: Infancy through adolescence (Characteristics and developmental tasks).
- Child rearing practices: Concept and importance
- Physiological changes and their emotional consequences during adolescence, Identity formation.

Practical (1 Credits)

60 Hrs

- Study different domains of development among preschool children in a play school.
- Study the issues of adolescents with reference to their cultural setting.

References:

1. Papalia, D.E., Old, & Feldman, R.D. (2010). Human Development (104) New Delhi: Tata McGraw - Hill Publishing Company Limited.
2. Berk, L.E. (2001) Child Development- Third Edition. New Delhi: Prentice Hall of India.
3. David R. Shaffer (2005) Social and Personality Development, 5" Edition. Thomson Wadswords USA.
4. Robert B. Ewen (1998). An Introduction to theories of Personality. 5* Ed. Lawerence Erlbaum Associates, Publishers Mahwah, New Jersey London.
5. Herner, Richard M. Concept & Theories of Human Development. 6. Roland, A. (1996). Cultural pluralism and Psychoanalysis. New York: Routledge.