



CLUSTER UNIVERSITY OF SRINAGAR

SYLLABUS (FYUP UNDER NEP 2020)

UG- Ist Semester (NEP)

Subject: Psychology

Course Title: Introduction to Psychology (Major)

Course Code: UGPSY22J101

Credits: 4 (Theory: 3, Practical: 1)

Contact Hrs: 75 (Theory: 45, Practical: 30)

Max. Marks: 100

Theory External: 60; Min Marks: 24

Theory Internal (Continuous Assessment): 15 Marks,

Min Marks: 06

Practical Experimental Basis= 15, Min. Marks: 06

Practical Experimental (Continuous assessment) = 10, Min. Marks: 04

Objectives:

- Demonstrate an understanding of the foundational concepts of the human mind and behaviour.
- Demonstrate comprehension of the theoretical concepts of 'psychology' and the related empirical findings in areas such as perception, memory, motivation, emotions, learning, intelligence, cognition, etc.
- Ability to identify various approaches, fields, and sub-fields of Psychology.

Unit-I: Introduction

- a) Evolution of Psychology (Mind-body dualism, Structuralism, Functionalism,)
- b) Perspectives: Psychoanalysis, Behaviourism, Cognitive, Humanism, Existential, Socio-Cultural and Evolutionary
- c) Development of psychology in Indian context.
- d) Major sub-fields in psychology, and applications of psychology.

Unit-II: Research Enquiry

- a) Meaning of Research, Goal of Research Enquiry, Steps in Conducting Research,
- b) Research methods (Observation, Survey, and Experimental Methods).
- c) Role of theory in scientific research.
- d) Ethical Issues in research.

Unit-III: Psychological Processes

- a) Learning: Concept and theories (Classical Conditioning, Operant Conditioning, and Observational Learning).
- b) Sensation and Perception: Concept and Laws of Perceptual Organization.
- c) Memory: Concept and Information Processing Model.
- d) Intelligence: Concept and Theories (Spearman and Gardner).

Practical:

- a) Two Practicals related to the above topics.

Recommended Readings:

- Baron, R.A. and Mishra, G. (2014). Psychology (Indian Subcontinent Edition). Pearson Education Ltd.
- Ciccarelli, S.K. and Meyer, G.E. (2008). Psychology (South Asian Edition). New Delhi: Pearson.
- Feldman, S.R. (2009). Essentials of Understanding Psychology (7th Edition). New Delhi: Tata McGraw Hill.
- NCERT: Psychology (11th and 12th), National Council of Education Research and Training.
- Shaughnessy, J. J., Zechmeister, E. B., & Zechmeister, J. S. (2015). Research Methods in Psychology (10th Ed.) McGraw Hill Education.
- Glassman, W.E. (2000). Approaches to Psychology (3rd Edition). Buckingham: Open University Press.
- Passer, M.W., Smith, R.E., Holt, N., Bremner, A. (2008). Psychology: The Science of Mind and Behavior. UK: McGraw Hill Education.