

CLUSTER UNIVERSITY SRINAGAR

Academic Session 2018-2019

B.Sc Home Science

Semester II

Core Course UG-HSC17205 Life Span Development I

Credits: Theory-4, Practical-2

UG-HSC17205:

**CORE COURSE 5 (HSCG-CCS) LIFE SPAN DEVELOPMENT I
(CREDITS: THEORY-4, PRACTICAL-2)**

Unit 1 Understanding Human Development

- Definitions, need and scope of Human Development
- Methods of studying human development
- stages of development
- Principles of Growth and Development
- Conception, and stages of Prenatal development
- Factors affecting prenatal development

Unit 2 Infancy

- Capacities and reflexes of neonate
- Developmental tasks in Infancy (Havighurst)
- Physical, motor and cognitive development
- Child rearing practices and their importance

Unit 3 Early Childhood Years

- Developmental tasks during early childhood years (Havighurst)
- Physical and motor development
- Cognitive and language development
- Socio-emotional development; Family, Preschool and Play

Unit 4 Middle Childhood Years

- Physical and motor development
- Cognitive and language development

Contractual staff

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Dr. Nigmal-Dea
Agarwal

- Socio-emotional development; School, Peers and Media
- Moral development

PRACTICAL

1. Methods of child study and their use:

- Interview
- Observations
- Checklist

2. Plan and develop activities to facilitate development in different domains

3. Use of secondary sources to understand the depiction of children

4. Psychometric tests for children- Developmental Assessment Scale for Indian Infants (DASII), Wechsler Preschool and Primary Scales of Intelligence (WPPSI), Children Apperception Test (CAT)

RECOMMENDED READINGS

- Berk, L. E. (2007). Development through the lifespan. Delhi: Pearson Education.
- Rice, F. P. (1998). Human Development: A lifespan approach. New Jersey: Prentice a. Hall.
- Santrock, J. W. (2007). A topical approach to life-span development. New Delhi: Tata a. McGraw- Hill.
- Singh, A. (Ed). 2015. Foundations of Human Development: A life span approach. New Delhi: Orient BlackSwan.

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Dr. Nigrah Singh