

B.A (Psychology) 4th Semester
Course Name: Psychopathology
Course Code: UGPSY-PP04-CR
Total Credits-6(4 Theory, 2 Practical)
Marks Distribution: Theory +attendance (56+4=60)
Practical + Attendance (28+2=30)

OBJECTIVES:

To acquaint the students with current systems of classification of Mental Disorders and to understand the etiology and dynamics of the disorders with respect to various theoretical approaches

Unit I: Introduction to Psychopathology

Meaning of Abnormality/ Mental Disorder, Classification of Mental Disorders (DSM 5), Causes of Abnormal Behavior; Biological, Psychological, (Psychodynamic, Cognitive, Behavioral), Diatheses Stress Model.

Unit II: Disorders I

Anxiety Disorders: Phobia, Panic disorder, generalized anxiety disorder (Causes and Clinical Features), Obsessive Compulsive Disorder (Causes and Clinical Features).

UNIT III: Disorders 2

Bipolar and Related Disorders: Bipolar I, Bipolar II, Cyclothymia (Causes and Clinical Features).

Depressive Disorders: Disruptive Mood Deregulation Disorder, Major Depressive Disorder, Dysthymia (Causes and Clinical Features)

Schizophrenia Spectrum disorder (Causes and Clinical Features).

UNIT IV: TREATMENT

Biological (Psychosurgery, Electro convulsive therapy, Pharmacotherapy).

Psychodynamic Therapy

Behavioural Therapy

Cognitive Behavioural Therapy

PRACTICALS: Any two from the related topics.

Recommended Readings:

Alloy, L.B., Risikino, J.H. & Manos, M.I. (2006). Abnormal Psychology: Current Perspective. New Delhi: Tata McGraw Hill.

Carson, R. C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2007) Abnormal Psychology (13th ed). New York: Harper Collins.



This syllabus is valid for three batches from 2017 onwards

Cluster University

Kring, A. M., Johnson, S.I., Darrison, G.C., & Neale, J.M. (2010). *Abnormal Psychology* (11th Ed) Toronto: Wiley.

Lamm, A. (1997). *Introduction to Psychopathology*, Delhi, Sage.

Sarason, I. G. & Sarason, B. R. (2005). *Abnormal Psychology: The Problem of Maladaptive Behaviour*. (11th ed). Pearson Education.

The image shows two handwritten signatures in black ink. The signature on the left is written in a cursive style and appears to be 'Anil'. The signature on the right is also cursive and appears to be 'Sudhakar'. Both signatures are positioned in the lower right quadrant of the page.