



# **CLUSTER UNIVERSITY OF SRINAGAR**

**SYLLABUS (FYUP UNDER NEP 2020)**

**UG- Ist to 3rd Semester (NEP)**

**Subject: Psychology**

**Course Title: Understanding Psychological Processes-I (Multi-Disciplinary)**

**Course Code: UGPSY22D101**

**Contact Hrs: 45**

**Total Credits: 03**

**Max. Marks: 75**

**Theory External: 55**

**Internal (Continuous Assessment): 20 Marks**

**Objectives:** To understand the basic psychological processes & their applications in everyday life.

<b>Unit I.</b>	<b>Introduction</b>
	a) Introduction to Psychology: Psychology as a science. Origin & development of psychology (Psychodynamic, Behavioural, Cognitive, Humanistic & Socio-cultural).
<b>Unit II.</b>	<b>Learning</b>
	a) Learning: Principles of Classical & Operant Conditioning b) Schedules of Reinforcement, Concept of Punishment c) Processes of Observational Learning
<b>Unit III.</b>	<b>Sensation &amp; Perception</b>
	a) Sensory Processes: Concept & Types, Sensory Thresholds; Sensory Adaptation; Visual & Auditory Sensory Processes b) Perception: Concept & Laws of Perception; Depth Perception

## **Suggested Readings:**

- Chadha, N.K & Seth, S (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
- Ciccarelli. S.K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson
- Feldman S.R (2009). Essentials of understanding psychology (7th Ed.) New Delhi: Tata Mc Graw Hill.
- Glassman, W.E (2000). Approaches to Psychology (3d Ed.) Buckingham: Open University Press